

## Partnering with Healthcare Providers

### **Your healthcare team includes you!**

Being an active member of your health care team is one way you can make sure you get good quality health care. Patients who talk with or call their primary care team when they have questions tend to be happier with their care and have better medical results.

**Your team wants you to contact them** when you have a problem or a question. Your questions help your health care team learn more about you. Your doctor's or nurse's answers to your questions can help you make better decisions, avoid medical harm, and get better health care results.



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