

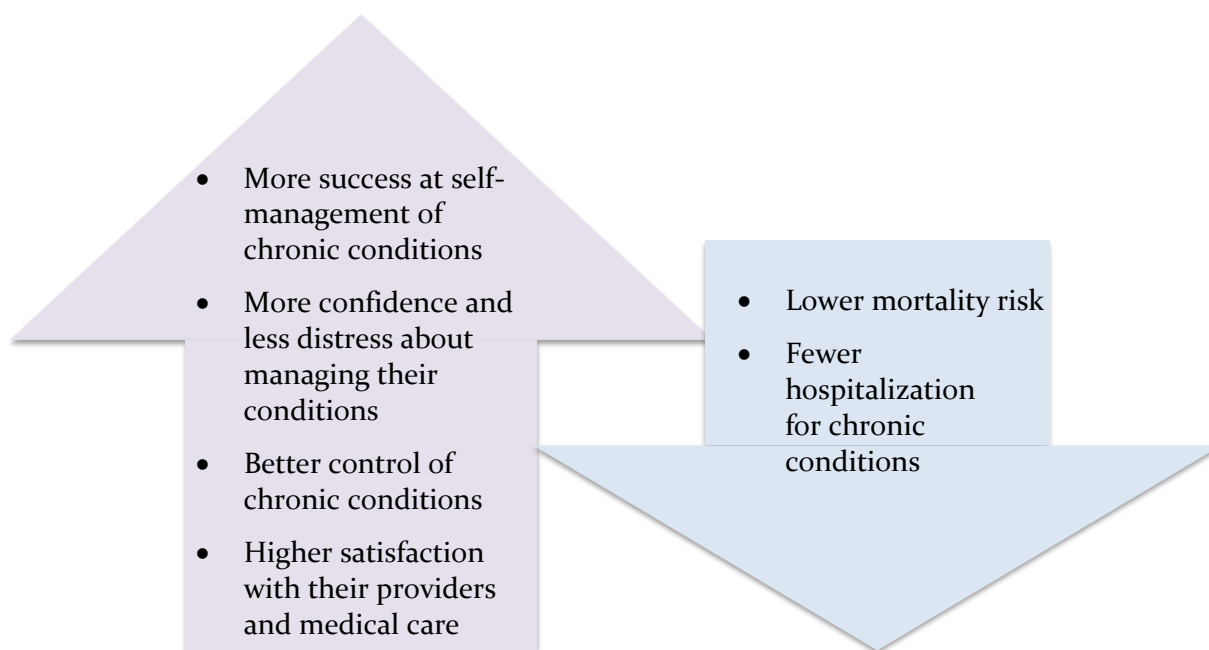
# INFORMATION AND TIPS FOR HEALTHCARE PROFESSIONALS WORKING WITH CARE PARTNERS

## POTENTIAL BENEFITS WHEN INVOLVING CARE PARTNERS IN PATIENT CARE

For patients with chronic conditions (such as diabetes, heart failure) who do not have severe cognitive or physical limitations:

- 50-75% have regular family involvement in key self-management activities
- 50% regularly bring family members into the exam room

In general, patients with family involvement in health care have:



Chronically ill patients involve family members more often when the family member is familiar with doctors and nurses, and when the patient has:

- Low health literacy
- Depressive symptoms
- Multiple chronic illnesses

